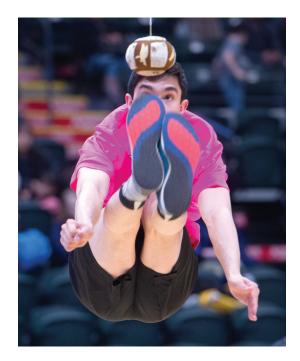
2022 Sr. GAMES

ALASKA AIRLINES CENTER, UAA CAMPUS | ANCHORAGE | APRIL 21-23



NYO is a year-round program that has a quantifiable positive impact on more than 2,000 youth each year.

In a survey emphasizing NYO's impact, 43 NYO athletes in grades 7-12 who competed in the 2021 Sr. Games offered the following insight:

- 63% credited NYO as an incentive to stay in school
- **79%** expressed **increased** determination by participating in NYO
- **58%** expressed a **greater sense** of well-being
- 85% see themselves as a role-model for future NYO athletes
- 93% learned about Alaska Native culture and values
- 91% developed new friendships with other athletes, coaches, and teachers
- 65% indicated they practice 4-6 hours per week







@CITCAlaska #NYOGames



THURSDAY | APRIL 21

9 a.m.	Coaches' meeting
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10 a.m.	Registration
12:30 p.m.	Cultural Performance: Kingikmiut Dancers
1 p.m.	Opening Ceremonies
2 p.m.	Wrist Carry & awards Kneel Jump & Scissor Broad Jump* *in auxiliary gym
3:30 p.m.	Alaskan High Kick & awards Kneel Jump & Scissor Broad Jump* *in auxiliary gym
FRIDAY	APRIL 22

Coaches' meeting

10 a.m.	Eskimo Stick Pull & awards Kneel Jump & Scissor Broad Jump* *in auxiliary gym
1 p.m.	Academic Excellence awards
1:15 p.m.	Blanket toss; Celebration of Graduates
2 p.m.	One-hand Reach & awards Kneel Jump & Scissor Broad Jump* *in auxiliary gym

3:30 p.m. Two-foot High Kick & awards **Kneel Jump & Scissor Broad Jump*** *in auxiliary gym

SATURDAY | APRIL 23

9 a.m.	Coaches' meeting
10 a.m.	Indian Stick Pull & awards Kneel Jump awards
12:30 p.m.	One-Foot High Kick & awards Scissor Broad Jump awards
3 p.m.	Seal Hop & awards
5 p.m.	Pilot Bread Recipe Contest winners announced
5:30 p.m.	Closing ceremonies & awards

FREE PARKING IN DESIGNATED LOTS

Dates and times are subject to change; timing of each event is estimated and dictated by length of individual contests

For more information, visit citci.org/nyo-games