

NYO GAMES ALASKA

2022 OFFICIAL EVENT GUIDE

Teamwork. Leadership. Respect.



*Reconnecting
Together*



ALASKA AIRLINES CENTER

April 21-23



COOK
INLET
TRIBAL
COUNCIL

People. Partnership. Potential.

Shaping Tomorrow

As Alaskans, we share the privilege of living in the Great Land. But when it comes to knowing Alaska - that takes time. It takes dedication, hard work, and wisdom. We know, as do NYO athletes, these are keys to success.

For a century, First National Bank Alaska has believed in lending a hand and working together, in every community we serve. That's why we're proud to support the CITC Education Innovation Fund and the Native Youth Olympics.

Together, we're shaping a brighter tomorrow.

FNBAAlaska.com



NMLS# 640297



2022 NYO Schedule of Events

Alaska Airlines Center, UAA Campus | Anchorage | April 21-23

THURSDAY | APRIL 21

- 12:30 p.m. *Kingikmiut Dancers*
- 1 p.m. *Opening Ceremonies*
- 2 p.m. **Wrist Carry & awards**
Kneel Jump, Scissor Broad Jump*
- 3:30 p.m. **Alaskan High Kick & awards**
Kneel Jump, Scissor Broad Jump*

**in auxiliary gym*

FRIDAY | APRIL 22

- 10 a.m. **Eskimo Stick Pull & awards**
- 1 p.m. *Celebration of Graduates*
- 1:15 p.m. *Academic Excellence awards*
- 2 p.m. **One-hand Reach & awards**
Kneel Jump, Scissor Broad Jump*
- 3:30 p.m. **Two-foot High Kick & awards**
Kneel Jump, Scissor Broad Jump*

**in auxiliary gym*

SATURDAY | APRIL 23

- 10 a.m. **Indian Stick Pull & awards**
Kneel Jump awards
- 12:30 p.m. **One-foot High Kick & awards**
Scissor Broad Jump awards
- 3 p.m. **Seal Hop & awards**
- 5 p.m. *Pilot Bread Recipe Contest winners announced*
- 5:30 p.m. *Closing Ceremonies & awards*

Dates and times are subject to change. Timing of each event is estimated and dictated by length of individual contests.



HIGHLIGHTS & ACTIVITIES

Cultural Performance

Thursday, April 21, 12:30 p.m.

Featuring dancing and drumming from the **Kingikmiut Dancers**.



Grand Entry of Teams

Thursday, April 21, 1 p.m.

Teams and student athletes statewide are introduced as they display their team banners during **Opening Ceremonies**.

Fun & Prizes

Pilot Bread Recipe Contest

Submit your favorite recipe to win **10 boxes of Pilot Bread!**

NYO History Trivia Quiz

Test your knowledge of NYO history! Take the quiz and be eligible to win cool prizes.



Learn more about NYO events and activities at citci.org/nyo-games, or follow NYO on social media for real-time updates on events and winners. Share your take on the Games!

NYO Games Alaska & Cook Inlet Tribal Council, Inc.
 @nyogamesak @citcalaska #nyogames #nyo2022
 @CITCAAlaska

We Are NYO

Welcome to the **2022 NYO Games Alaska!**

After hosting virtual events the past two years, we are thrilled to return to an in-person celebration of our young athletes from across the state as they demonstrate their skill, strength, and determination through traditional Alaska Native contests.



At CITC, we look forward to hosting the Games each year and applaud our young people who have worked hard to qualify for the statewide competition, and the hundreds more who participated in local community events.

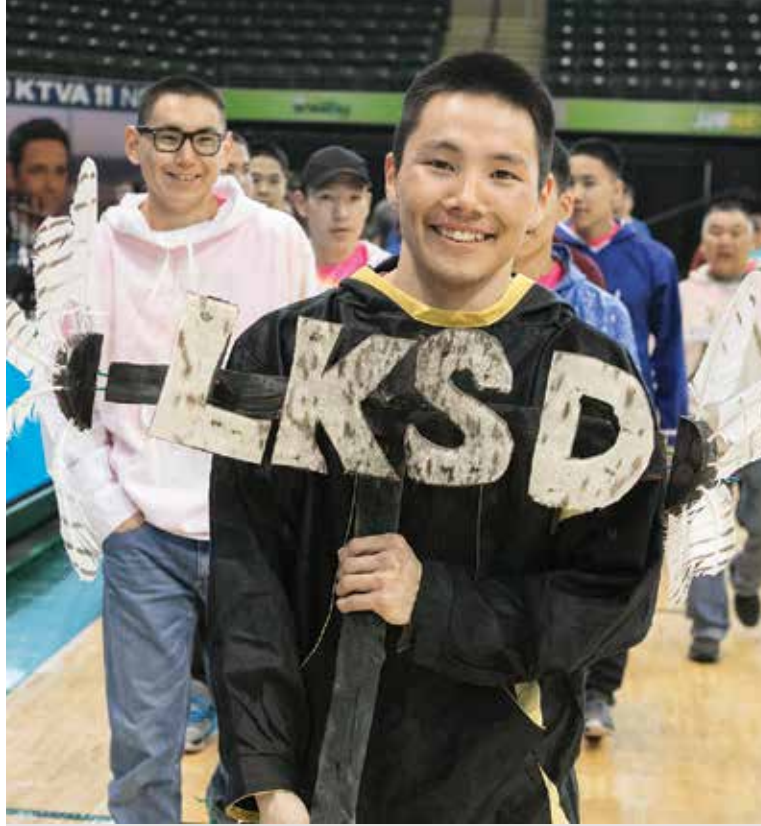
While the athletes are the main attraction, NYO is truly a collaborative effort, brought about by the coaches and families who work tirelessly to support the young people who will compete, and the community partners and volunteers who work behind the scenes.

NYO is more than a celebration of Alaska Native tradition; it's an incentive that improves the lives of our young people. A survey of more than 260 student athletes competing in the 2021 Virtual NYO Games revealed that **63 percent** felt participation in the Games provided motivation to stay in school or keep up their grades. Nearly **92 percent** indicated improved self-determination, and **76 percent** experienced an increased sense of community.

Consider investing in our young people by making a donation that will directly support important community events serving students of all cultures across Alaska. If you'd like to get involved, visit citci.org/giving for more information.

We're in for another great year of exciting competition and outstanding teamwork! Please join us as we celebrate the tremendous skill and dedication of these talented, inspiring athletes.

Let the Games begin! ❖



About the Games

For thousands of years, Alaska Native people survived harsh elements and challenging landscapes by relying on one another and working together toward common goals. Traditional athletic contests and games helped develop skills critical to everyday life in Alaska's demanding climate.



ORIGINS VIDEO:

Explore the history and origin of The Northern Games, including tutorials for all the NYO competitive events: citci.org/nyo-games

Today's NYO Games Alaska carries on in this spirit by encouraging young people to strive for their personal best while helping and supporting their teammates. In fact, teamwork is so essential to the Games that competing teams even offer each other support and guidance. In this way, the Games

stand out from other sporting events that emphasize winning over collaboration.

While today's world is very different than when these games originated, the skills and values they instill are just as important now as they were then. They help develop healthy lifestyles, positive self-esteem, leadership, and teamwork, while promoting good sportsmanship and fostering a better understanding between diverse communities and cultures.

The Games are one of a small handful of events—along with the World Eskimo-Indian Olympics (WEIO) and the Arctic Winter Games—based on traditional northern latitude contests. While WEIO is limited to Native athletes, NYO Games Alaska and the Arctic Winter Games are open to all participants as a way of sharing and celebrating Alaska Native traditions. ❖

Athlete Survey

NYO is an Investment in Our Youth

NYO has a quantifiable impact on thousands of student athletes each year and inspires our youth to improve academic performance, strengthen overall well-being, the Games also instill important values, like leadership and respect—values that make strong communities and build tomorrow's leaders.

In a survey emphasizing NYO's impact, 262 NYO athletes in grades 7-12 who competed in the 2021 Virtual NYO Games offered the following insight:

92%

indicated an increase in self-determination.

Indicated improved overall health:

56%

76%

indicated an increased sense of community.

77%

had increased self-confidence.

Learned more about Alaska Native culture and values:

57%

63%

credited NYO as an incentive to stay in school.

2019 Event Results

KNEEL JUMP

| Girls | | | |
|-------|--------------------|---------------|---------|
| 1st | Regan Hoblet | Mt. Edgecumbe | 47 3/4" |
| 2nd | Alexandria Ivanoff | BSSD A | 44 1/2" |
| 3rd | Tezlyn Kerrone | Mat-Su A | 43 3/4" |
| 4th | Miranda Paul | LKSD | 43 1/2" |
| 5th | Cate Gomez | Dillingham | 43 1/4" |

| Boys | | | |
|------|-------------------|-------------------|---------|
| 1st | Murphy Charles | Mt. Edgecumbe | 59" |
| 2nd | Eric Tinker | LKSD | 56 3/4" |
| 3rd | Matthew Quinto | Sealaska Heritage | 56 1/2" |
| 4th | Jacob Brouillette | BSSD | 55 1/4" |
| 5th | Floyd Ticket III | NWABSD | 54" |

WRIST CARRY

| Girls | | | |
|-------|------------------|------------|-------------|
| 1st | Lorraine Gregory | ANC A | 337' 5" |
| 2nd | Mya Campbell | Mat-Su B | 230' 4" |
| 3rd | Kate Koepke | Whitehorse | 222' 1" |
| 4th | Lisa Tran | Unalaska | 218' 9" |
| 5th | Victoria Probst | Mat-Su A | 215' 7 1/2" |

| Boys | | | |
|------|-----------------|---------------|-------------|
| 1st | Jerome Molina | Unalaska | 511' 2" |
| 2nd | Chandler Ulroan | Chevak | 354' 6 1/4" |
| 3rd | Micah Mitchell | NWABSD | 347' 6 1/2" |
| 4th | Ethan Jenkins | Dillingham | 328' 7 1/2" |
| 5th | Richard Oxerok | Mt. Edgecumbe | 327' 10" |

ALASKAN HIGH KICK

| Girls | | | |
|-------|--------------------|----------|--------|
| 1st | Kaeli Amik | LKSD | 72" |
| 2nd | Elaina Anawrok | BSSD A | 68" |
| 3rd | Abi Fry | Nunamiut | 67" 0m |
| 4th | JoBeth Stuart | Bethel | 67" 1m |
| 5th | Alexandria Ivanoff | BSSD B | 66" 0m |

| Boys | | | |
|------|------------------|---------------|--------|
| 1st | John Villena | Unalaska | 89" |
| 2nd | Judah Eason | Salamatof | 84" |
| 3rd | Arnold Phillip | LKSD | 83" |
| 4th | Edward Atcherian | Chevak | 82" 0m |
| 5th | Murphy Charles | Mt. Edgecumbe | 82" 1m |

ESKIMO STICK PULL

| Girls | | | |
|-------|-----------------|------------|--|
| 1st | Ashley Hogleund | Mat-Su A | |
| 2nd | Kiley Clouse | Dillingham | |
| 3rd | Kamila Asopaolo | Mat-Su B | |
| 4th | Shaylena Inga | ANC A | |
| 5th | Monica Ishnook | SWRSD | |

| Boys | | | |
|------|-----------------|-------------------|--|
| 1st | Haley Osborne | Mt. Edgecumbe | |
| 2nd | Andrew Bergund | NWABSD | |
| 3rd | Kelsey Slater | West Valley | |
| 4th | Jack Sasiu | Mat-Su A | |
| 5th | Sterling Zuboff | Sealaska Heritage | |

SCISSOR BROAD JUMP

| Girls | | | |
|-------|--------------------|---------------|-------------|
| 1st | Catherine Sunny | Mt. Edgecumbe | 28' 2 1/4" |
| 2nd | Alexandria Ivanoff | BSSD A | 28' 1 3/4" |
| 3rd | Lisa Tran | Unalaska | 27' 10 3/4" |
| 4th | Emily King | FH Collins | 26' 11 1/2" |
| 5th | Kiley Hall | Mat-Su B | 26' 6 3/4" |

| Boys | | | |
|------|-----------------|---------------|----------------|
| 1st | John Villena | Unalaska | 36' 11 1/2" ** |
| 2nd | Jamin Crow | Bethel | 34' 7 1/2" |
| 3rd | Erik Mills-Bane | NWABSD | 34' 2" |
| 4th | Earl Annogiyuk | BSSD A | 34' 1/4" |
| 5th | Jack Youngers | Mt. Edgecumbe | 33' 4 3/4" |

ONE-HAND REACH

| Girls | | | |
|-------|-----------------|---------------|------------|
| 1st | Camille Bernard | Mat-Su A | 58" 2m/58" |
| 2nd | Joeli Carlson | Mt. Edgecumbe | 58" 2m/54" |
| 3rd | JoBeth Stuart | Bethel | 56" 1m/54" |
| 4th | Eden Hopson | Anchorage A | 56" 2m/54" |
| 5th | Chantal Snyder | LKSD | 55" 0m |

| Boys | | | |
|------|----------------|---------------|--------|
| 1st | Shelby Samuel | Mt. Edgecumbe | 65" |
| 2nd | Iris Paul | LKSD | 63" |
| 3rd | Arsaar Japhet | Yupit | 60" 0m |
| 4th | Storm Rohrer | Valdez | 60" 1m |
| 5th | Earl Annogiyuk | BSSD A | 60" 2m |

TWO-FOOT HIGH KICK

| Girls | | | |
|-------|--------------------|---------------|------------|
| 1st | Andrea Apthorp | Mat-Su A | 72" |
| 2nd | Alexandria Ivanoff | BSSD A | 70" |
| 3rd | Amanda Kanrilak | LKSD | 66" 0m |
| 4th | Brystel Charlie | Mt. Edgecumbe | 66" 1m/54" |
| 5th | Emily King | FH Collins | 66" 2m/66" |

| Boys | | | |
|------|---------------|----------|------------|
| 1st | Trevor Wilson | Unalaska | 94" |
| 2nd | Jamin Crow | Bethel | 90" |
| 3rd | Jaden Black | LKSD | 87" |
| 4th | Luke Riley | Nanwalek | 83" 0m |
| 5th | Dakota Brown | Valdez | 83" 1m/83" |

INDIAN STICK PULL

| Girls | | | |
|-------|----------------------|----------|--|
| 1st | Shanelle Palma | Unalaska | |
| 2nd | Raeney Bell | LYSD | |
| 3rd | Kaia Beebe | LPSD | |
| 4th | Christine Washington | BBBSD | |
| 5th | Shayne Westland | Mat-Su A | |

| Boys | | | |
|------|------------------|---------------|--|
| 1st | Ilire Dementieff | Matsu B | |
| 2nd | Arnold Phillip | LKSD | |
| 3rd | David Epina | Mat-Su A | |
| 4th | Ian Anelon | LPSD | |
| 5th | Kaden Gibbens | Mt. Edgecumbe | |

ONE-FOOT HIGH KICK

| Girls | | | |
|-------|--------------------|------------|--------|
| 1st | Emily King | FH Collins | 88" |
| 2nd | Kaia Beebe | LPSD | 86" 2m |
| 3rd | Alexandria Ivanoff | BSSD A | 86" 3m |
| 4th | Suzanne Beatty | Mat-Su A | 84" 0m |
| 5th | Andrea Apthorp | Mat-Su B | 84" 2m |

| Boys | | | |
|------|-----------------|----------|---------|
| 1st | John Villena | Unalaska | 104" 0m |
| 2nd | Adrian Pleasant | BSSD A | 104" 4m |
| 3rd | Eric Tinker | LKSD | 103" 0m |
| 4th | Edward Kokeok | BSSD B | 102" 0m |
| 5th | Briar Hahn | Mat-Su A | 101" 0m |

SEAL HOP

| Girls | | | |
|-------|--------------------|----------------|-------------|
| 1st | Adeline Dyment | Mt. Edgecumbe | 145' 3" |
| 2nd | Michelle Atcherian | Chevak | 142' 7" |
| 3rd | Abi Fry | Nunamiut | 122' 9" |
| 4th | Emilee Wilson | Kenaitze | 109' 1 1/2" |
| 5th | Kate Koepke | Whitehorse, YT | 108' 8 3/4" |

| Boys | | | |
|------|------------------|---------------|-------------|
| 1st | Tristan Anaver | LKSD | 188" |
| 2nd | Ajey Moses | Mt. Edgecumbe | 167' 9 1/2" |
| 3rd | Edward Atcherian | Chevak | 142" |
| 4th | Trevor Wilson | Unalaska | 113' 6 1/2" |
| 5th | Alvin Washington | BSSD A | 111' 9 1/4" |



2019 AWARDS

HIGH FIVE ACADEMIC EXCELLENCE AWARD

| | |
|----------------------------------|----------|
| Team - 5 or more students | |
| Unalaska | 3.79 GPA |
| Team - 2-4 students | |
| Andreafski | 3.46 GPA |

BEN SNOWBALL INDIVIDUAL SPORTSMANSHIP AWARD

| | |
|---------------|--------------------------|
| Female | Alexandria Ivanoff, BSSD |
| Male | Judah Eason, Salamatof |

GLORIA WALKER TEAM SPORTSMANSHIP AWARD

Mt. Edgecumbe

HEALTHY COACH

Kyle Worl, Juneau

BEST TEAM BANNER

Seward



OVERALL ATHLETE

| | |
|---------------|--------------------------|
| Female | Alexandria Ivanoff, BSSD |
| Male | John Villena, Unalaska |

OVERALL TEAMS

| | | |
|-----|---------------|-----------|
| 1st | Mt. Edgecumbe | 44 Points |
| 2nd | LKSD | 37 Points |
| 2nd | Unalaska | 37 Points |
| 4th | BSSD A | 29 Points |
| 5th | Mat-Su A | 28 Points |

** New state record

ATHLETES FROM COMMUNITIES ACROSS THE STATE

NYO GAMES ALASKA IS TRULY A STATEWIDE EVENT.

From Alaska's largest city to its most remote village, athletes travel distances near and far to enjoy competition and camaraderie with old friends and new. Each year, hundreds of students from about 50 teams representing more than 100 communities across the state to compete in the NYO Games. Separated by distance, tradition, and tribal identity, NYO athletes are nevertheless united by a common desire to honor and practice the Alaska Native traditions of their ancestors.



STATE RECORDS

BOYS 67"
Dylan Magnusen, Unalaska, 2013

GIRLS 55 1/2" *
Apaay Campbell, BSSD, 2013

2019 RESULTS

BOYS
1. Murphy Charles, Mt. Edgecumbe 59"
2. Eric Tinker, LKSD 56 3/4"
3. Matthew Quinto, Sealaska Heritage 56 1/2"

GIRLS
1. Regan Hoblet, Mt. Edgecumbe 47 3/4"
2. Alexandria Ivanoff, BSSD A 44 1/2"
3. Tezlyn Kerrone, Mat-Su A 43 3/4"

* World record

HISTORY

THE KNEEL JUMP was used to strengthen the leg muscles for jumping from ice floe to ice floe and for lifting fallen prey when hunting.

KNEEL JUMP

THURSDAY - FRIDAY · APRIL 21-22

GENEROUSLY SPONSORED BY

JOHNSON-O'MALLEY EDUCATION

IT IS IMPOSSIBLE TO PREDICT WINNERS of the Kneel Jump based on physique alone. Athletes start in a kneeling position, with the tops of their feet flat on the floor, then jump up and forward. Athletes must land on both feet simultaneously and remain in that position without moving and without otherwise touching the floor. Each athlete is allowed three attempts. The winner is the contestant who jumps the greatest distance. ❖

EMPOWERING YOUTH FOR SUCCESS

JOHNSON-O'MALLEY EDUCATION

**MAKE A DIFFERENCE—
BE INVOLVED**
AND SET THE DIRECTION FOR
YOUR CHILD'S EDUCATION!

THE JOHNSON-O'MALLEY NATIVE EDUCATION PROGRAM (JOM)

funds a variety of educational needs including NYO, student scholarships, summer camps, and more! **To learn more about the JOM program and ways to be involved**, contact CITC's youth education services at yesdept@citci.org or call (907) 793-3265.

Johnson-O'Malley (JOM) is a federally funded program providing supplemental educational services for Native American students attending public schools. The program is overseen by a Native Education Committee elected from the parents/guardians of Alaska Native/American Indian students enrolled in the school district.



People. Partnership. Potential.

Learn more at citci.org

STATE RECORDS

BOYS
Joshua Hughes, Mat-Su A, 2014 730' 6"

GIRLS
Lyndsey Mercurief, Anchorage, 2006 662' 4"

2019 RESULTS

BOYS
1. Jerome Molina, Unalaska 511' 2"
2. Chandler Ulroan, Chevak 354' 6 1/4"
3. Micah Mitchell, NWABSD 347' 6 1/2"

GIRLS
1. Lorraine Gregory, ANC A 337' 5"
2. Mya Campbell, Mat-Su B 230' 4"
3. Kate Koepke, Whitehorse 222' 1"

HISTORY

THE WRIST CARRY shows the significance of a successful hunt and tests the strength and endurance of hunters, while showing appreciation for the animal giving itself.

WRIST CARRY



THURSDAY · APRIL 21 · 2PM

GENEROUSLY SPONSORED BY



THE WRIST CARRY IS TAILOR-MADE FOR SMALL, muscular athletes with a will of iron. Starting from a sitting position, athletes hook one wrist over the middle of a long pole held by two carriers. Athletes lift themselves off the floor and maintain the position while being carried over the course until they can no longer hold their own weight. The contestant who covers the greatest distance while suspended wins. ❖

COME

AS YOU

ARE

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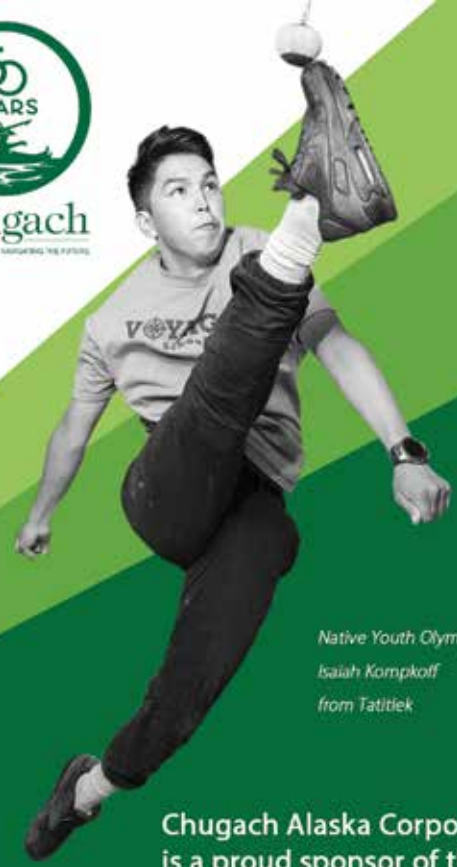
Since 1993, the Alaska Native Justice Center has been a voice for Alaska Native and non-Native people seeking justice in Alaska. Today, the organization provides advocacy for victims of violence, family law assistance, and reentry support for the previously incarcerated.

ANJC provides services to all ethnicities through:

- Advocacy
- Family Law
- Adult Reentry

For more information, please contact ANJC at 907-793-3550 or visit www.anjc.org for more information.

ANJC Mission: Justice for Alaska Native people






Native Youth Olympian
Isiah Kompkoff
from Tatitiek

Chugach Alaska Corporation
is a proud sponsor of the 2022
Native Youth Olympics!

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MUSIC MATTERS



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ALASKAN HIGH KICK

HISTORY

THE ALASKAN HIGH KICK was played inside in the winter to help develop coordination, upper body strength, and concentration.

THURSDAY · APRIL 21 · 3:30PM

GENEROUSLY SPONSORED BY

THE ALASKAN HIGH KICK is one of the most elegant and photographed events of the games. To prepare for the kick, athletes sit on the floor and balance on one foot while reaching across the torso to hold the other foot. Leaning back on the opposite hand, athletes thrust the balancing foot straight up to kick a suspended ball, then land on that same foot — without losing balance. The ball is raised in increments of four inches after each round. Each athlete is allowed three attempts at each height. When all but three athletes have been eliminated, the ball is raised in one-inch increments until there is a winner. ❖

STATE RECORDS

BOYS
Andrew White, LKSD, 2009 93"
Yako McCarr, LKSD, 2010

GIRLS
Autumn Ridley, Anch A, 2014 83" *

2019 RESULTS

BOYS
1. John Villena, Unalaska 89"
2. Judah Eason, Salamatof 84"
3. Arnold Phillip, LKSD 83"

GIRLS
1. Kaeli Amik, LKSD 72"
2. Elaina Anawrok, BSSD A 68"
3. Abi Fry, Nunamiut 67" Om

* World record

STATE RECORDS

This event does not have record holders.

2019 RESULTS

BOYS

- 1. Haley Osborne, Mt. Edgecumbe
- 2. Andrew Bergund, NWABSD
- 3. Kelsey Slater, West Valley

GIRLS

- 1. Ashley Hoglund, Mat-Su A
- 2. Kiley Clouse, Dillingham
- 3. Kamila Asopaolo, Mat-Su B

HISTORY

THE ESKIMO STICK PULL was used to develop balance and hand strength as practice for pulling seals from the ice.

ESKIMO STICK PULL

FRIDAY · APRIL 22 · 10AM

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First National Bank ALASKA MEMBER FDIC

THE ESKIMO STICK PULL is a contest of sheer strength and determination. Two contestants sit on the floor facing each other, the soles of their feet touching. Feet must be parallel and together, with knees bent at a 45-degree angle. Barehanded, with palms facing the floor, contestants firmly grasp a stick placed between them. On a signal, contestants try to pull the stick away from their opponent without jerking, twisting, or resetting their grip. To win a round, athletes must pull their opponent from the floor or cause them to fall over sideways or release their grip. Hand positions are alternated between rounds. The winner of two rounds takes the match. ❖

AIM HIGH



THE ALASKAN WAY

ANTHC is proud to support the NYO athletes, who embody wellness and determination.



ALASKA NATIVE TRIBAL HEALTH CONSORTIUM

Thank You for supporting our 2022 NYO Athletes!

NYO Presenting Partner \$25,000+



JOHNSON-O'MALLEY
EDUCATION



Education Innovation Partner



First National Bank
ALASKA
MEMBER FDIC

Silver Medal Partner \$10,000+



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Honorable Mention Partner \$1,500+



Friends of NYO

Aleutian Pribilof Islands Association • Bering Strait School District • Dillingham Student Broadcasters • Kingikmiut Dancers
• Visit Anchorage • White Mountain Native Corporation

Major sponsors as of April 8

HISTORY

THE SCISSOR BROAD JUMP traditionally was used to practice balance needed when jumping on ice floes, and to keep warm.

STATE RECORDS

| | |
|---------------------------------------|---------------|
| BOYS John Villena, Unalaska | 36' 11 1/2" * |
| GIRLS Madi Ko, Mat-Su A | 30' 1" ** |

2019 RESULTS

| | |
|-----------------------------------|---------------|
| BOYS | |
| 1. John Villena, Unalaska | 36' 11 1/2" * |
| 2. Jamin Crow, Bethel | 34' 7 1/2" |
| 3. Erik Mills-Bane, NWABSD | 34' 2" |
| GIRLS | |
| 1. Catherine Sunny, Mt. Edgecumbe | 28' 2 1/4" |
| 2. Alexandria Ivanoff, BSSD A | 28' 1 3/4" |
| 3. Lisa Tran, Unalaska | 27' 10 3/4" |

* New state record
** World record



THURSDAY-FRIDAY · APRIL 21-22

GENEROUSLY SPONSORED BY



THE SCISSOR BROAD JUMP requires athletes to make four continuous hops/steps without losing balance. Athletes will have three attempts to achieve their longest jump. Measurements will be taken to the quarter-inch from the heel of the foot closest to the starting line. Athletes can use shoes, mukluks, or bare feet. There is a one-minute time limit to complete the required sequence. ❖

Get Your NYO Gear!

Once again, new NYO apparel is available throughout the event. This year's hoodies are available in hunter green, and t-shirts are available in burgundy. Adult and child sizes are available. We also have NYO bandannas! Visit our merchandise booth at the 2022 NYO Games at the Alaska Airlines Center on the University of Alaska Anchorage campus. ❖



NYO GAMES
ALASKA



Good Luck to This Year's
NYO Athletes!

Proud supporter of the NYO Games





**Congratulations
NYO athletes!**

What will you do next?



THE CIRI FOUNDATION

Supporting Educational Dreams Since 1982

New Address:
3201 C Street, Suite 506
Anchorage, AK 99503
(907) 793-3575
www.thecirifoundation.org
tcf@thecirifoundation.org

**Good luck,
athletes!**

NORTHWIND
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**Proud supporter of the
2022 NYO Games Alaska**

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- Construction
- Environmental
- Engineering
- Facilities & Infrastructure
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- IT/Cyber
- UXO/MMRP

WWW.NORTHWINDGRP.COM

HISTORY

THE ONE-HAND REACH uses skill, balance, and strength. It requires little room to perform and could be played indoors or in tight spaces.

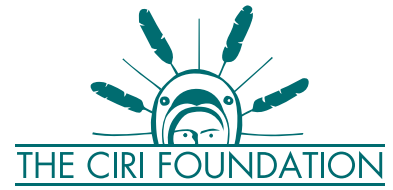
ONE-HAND REACH



| STATE RECORDS | |
|------------------------------------|------------|
| BOYS | 69" |
| Bernard Clark, Mat-Su A, 2011 | |
| GIRLS | 62" |
| Sophie O'Connell, Dillingham, 2003 | |
| 2019 RESULTS | |
| BOYS | |
| 1. Shelby Samuel, Mt. Edgecumbe | 65" |
| 2. Iris Paul, LKSD | 63" |
| 3. Arsaar Japhet, Yupiit | 60" 0m |
| GIRLS | |
| 1. Camille Bernard, Mat-Su A | 58" 2m/58" |
| 2. Joeli Carlson, Mt. Edgecumbe | 58" 2m/54" |
| 3. JoBeth Stuart, Bethel | 56" 1m/54" |

FRIDAY · APRIL 22 · 2PM

GENEROUSLY SPONSORED BY



BALANCING THEIR WEIGHT ON THE PALM or knuckles of one hand, athletes reach with their free hand to touch a suspended ball, then place their free hand on the floor—without otherwise touching the floor. The ball is raised in increments of four inches after each round, and each athlete is allowed three attempts at each height. When all but three athletes have been eliminated, the ball is raised in one-inch increments until there is a winner. ❖

TWO-FOOT HIGH KICK

STATE RECORDS

BOYS 101" *
Brian Randazzo, Jr., Anchorage A, 2011

GIRLS 79"
Autumn Ridley, Anchorage A, 2014 *

2019 RESULTS

BOYS
1. Trevor Wilson, Unalaska 94"
2. Jamin Crow, Bethel 90"
3. Jaden Black, LKSD 87"

GIRLS
1. Andrea Apthorp, Mat-Su A 72"
2. Alexandria Ivanoff, BSSD A 70"
3. Amanda Kanrilak, LKSD 66" Om

* World record

HISTORY

THE TWO-FOOT HIGH KICK was used to communicate a successful hunt in spring.

FRIDAY · APRIL 22 · 3:30PM

GENEROUSLY SPONSORED BY



THE TWO-FOOT HIGH KICK is a supreme test of balance and abdominal strength. Jumping with both feet simultaneously, athletes kick a suspended ball, then land on both feet without falling backwards. The ball is raised in increments of four inches after each round. Each athlete is allowed three attempts at each height. When all but three athletes have been eliminated, the ball is raised in one-inch increments until there is a winner. ❖



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Congratulations Native Youth Olympic Athletes!

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INDIAN STICK PULL

STATE RECORDS

This event does not have record holders.

2019 RESULTS

BOYS

1. Ilire Dementieff, Matsu B
2. Arnold Phillip, LKSD
3. David Epina, Mat-Su A

GIRLS

1. Shanelle Palma, Unalaska
2. Raeney Bell, LYSD
3. Kaia Beebe, LPSD

HISTORY

THE INDIAN STICK PULL is a Dené game representing grabbing a slippery salmon and develops hand and arm strength.

SATURDAY · APRIL 23 · 10AM

GENEROUSLY SPONSORED BY



SMALLER ATHLETES CAN PREVAIL over larger opponents in the Indian Stick Pull. Contestants stand next to each other facing opposite directions and place their front foot alongside the outside of their opponent's near foot. Contestants grab the opposite end of a greased wooden dowel and, on the signal, attempt to pull the stick from their opponent's hand. During the competition, the stick cannot be raised any higher than the tallest opponent's shoulder. No body contact is allowed. Jerking, twisting, or turning the stick is not allowed. The contestant who forces the dowel from their opponent's hand wins the round. ❖



HISTORY
THE ONE-FOOT HIGH KICK
 was used to signal a successful hunt.

STATE RECORDS

BOYS 114"
 Stuart Towarak, BSSD, 2013
 Tim Field, NWASD, 2009
 John Miller III, Barrow, 2003

GIRLS 92"
 Marian Wamsley, Valdez, 2012

2019 RESULTS

BOYS
 1. John Villena, Unalaska 104" 0m
 2. Adrian Pleasant, BSSD A 104" 4m
 3. Eric Tinker, LKSD 103" 0m

GIRLS
 1. Emily King, FH Collins 88"
 2. Kaia Beebe, LPSD 86" 2m
 3. Alexandria Ivanoff, BSSD A 86" 3m

ONE-FOOT HIGH KICK

SATURDAY · APRIL 23 · 12:30PM

GENEROUSLY SPONSORED BY



THE ONE-FOOT HIGH KICK demands great flexibility and leg strength. From a standing or running start, athletes jump with both feet, kick a suspended ball with one foot, then land on the kicking foot. Landing, they may hop several times on the kicking foot, but must not lose balance. The ball is raised in increments of four inches after each round, and each athlete is allowed three attempts at each height. When all but three athletes have been eliminated, the ball is raised in one-inch increments until there is a winner. ❖

ALASKA CHILDREN'S TRUST IS PROUD TO SUPPORT THE 2022 NATIVE YOUTH OLYMPIC GAMES

An Alaska full of healthy and safe children and youth starts with each of us.

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Sealaska is a proud supporter of the 2022 Native Youth Olympic Games and wishes all the student-athletes a successful, healthy season.




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2022 NYO GAMES

NYO is not just a test of strength, determination and skill. It unites student-athletes from around Alaska to show true commitment and hard work.

At NANA, we look to our Iñupiaq traditions to guide us — as leaders, business people, and modern-day hunters.

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HISTORY

THE SEAL HOP is a game of endurance and stamina that reflects sneaking up on seals on the ice.

SEAL HOP



STATE RECORDS

| | |
|---|-------------|
| BOYS | 188' |
| Brian Randazzo, Jr., Anch. A, 2011 SigFurd Doc, LKSD, 2015 | |
| GIRLS | 160' 9 1/2" |
| Dajan Treder, Anch. A, 2012 | |

2019 RESULTS

| | |
|----------------------------------|---------|
| BOYS | 188' |
| 1. Tristan Anaver, LKSD | |
| 2. Ajey Moses, Mt. Edgecumbe | |
| 3. Edward Atcherian, Chevak | |
| GIRLS | 145' 3" |
| 1. Adeline Dymont, Mt. Edgecumbe | |
| 2. Michelle Atcherian, Chevak | |
| 3. Abi Fry, Nunamiut | |

SATURDAY · APRIL 23 · 3PM

GENEROUSLY SPONSORED BY



THE SEAL HOP IS PERHAPS THE MOST PHYSICALLY CHALLENGING of all the events. Female contestants assume a push-up position, with arms straight and palms flat on the floor. Male contestants must maintain a lowered push-up position, with elbows bent and knuckles down, supporting their weight on the heels of the hands and the knuckles. On signal, contestants hop across the floor on their hands and toes, making a 180-degree turn and hopping continuously. The athlete who travels the greatest distance is the winner. ❖

NYO GAMES

Fun & Prizes!

You don't have to be an athlete to win big at the 2022 Games. Submit your favorite Pilot Bread recipe, or take the NYO Trivia Quiz to be eligible to win cool prizes — including **two round-trip tickets** generously donated by Alaska Airlines!

Trivia Quiz



Test your knowledge of NYO history! Take the quiz at the Winners' Circle during the event.

Winners will be announced on Saturday, April 23, at 5 p.m. (must be present to win.)

Pilot Bread Recipe Contest

Every Alaskan has a favorite way to eat Pilot Bread. Submit your recipe idea at the Winners' Circle during the event. Submission categories are: Traditional, Healthy Topping, and Youth. Entries must be received by noon on Saturday, April 23. Winners will be announced at 5 p.m. Winners will receive **10 boxes of Pilot Bread!**

2022 Prizes



Grand Prize:
Two round-trip tickets
donated by Alaska Airlines



First Prize:
2022 NYO hoodie



QUOTABLE



Student quotes regarding the impact of NYO:

"The history throughout these Native values and games have made me want to learn about my culture more and more."

"I have learned more about respect for elders and one another."

"Throughout the year I have been getting good grades, but I have made sure that my grades are exceptionally good for eligibility to compete for NYO."

"It's really cool how we can all gather and represent a culture, makes me feel that we can make every culture strong."

"I would like to be seen as a role model, to the younger people who do NYO so they could learn from me and if they don't win, they should know that they tried their best."

Reunited

For the first time in two years, an in-person event for NYO brings student athletes back together

NYO 2020 is canceled. That was the beginning. In the wake of the COVID-19 pandemic, NYO host Cook Inlet Tribal Council (CITC) made the tough decision to cancel its annual celebration of Alaska Native traditional games. Senior NYO 2020 would not happen.

Comments poured in on Facebook from the NYO community: *I'm really sad about this, but better safe than sorry.*

Can't it be postponed?

Such a bummer!

This is really heartbreaking.

That May, CITC announced the first-ever Virtual NYO Games. From across the state, athletes and coaches rallied: COVID-19 wouldn't mean all their training and anticipation had been for nothing. From back yards and school gyms, living rooms and beach-fronts, the tops of mountains and basement floors, athletes high-kicked, seal-hopped, and broad-jumped, while parents and coaches captured their achievements on video.

More than 300 students from 52 schools submitted their competition videos. Families and fans followed the action on Facebook, commenting and liking posts and tuning in for live virtual award ceremonies.

The pandemic had isolated us from each other—yet we came together, from every corner of Alaska, to make sure the NYO Games would still happen.

This year, for the first time in two years, student athletes, coaches, officials, parents, and spectators are reunited for NYO 2022, happening in-person in Anchorage. For seniors this year, it's the first time they're returning to the state NYO Games since they were freshmen.



"It was a bummer not to participate," said Chad Hakala, a sophomore at South Anchorage High School when NYO went virtual in 2020. "Growing up in Anchorage, I didn't really grow up super in-depth with my [Inupiaq] culture. But NYO has given me that opportunity to connect with my culture." Chad will compete as a senior for the Anchorage team at the 2022 Games. COURTESY PHOTO

"When you're in person, you're competing, but it's also pushing yourself and pushing each other to do better."

— **Eden Hopson**, a senior at Service High School

"It was a bummer not to participate," said Chad Hakala, a senior at South Anchorage High School. When NYO went virtual in 2020, Chad didn't hear about it until too late; the following year, when he was a junior, a knee injury kept him from doing Virtual NYO.

"I love competing at NYO," he said. "Growing up in Anchorage, I didn't really grow up super in-depth with my [Inupiaq] culture. But NYO has given me that opportunity to connect with my culture."

For the last time, Chad will compete at Senior NYO in the One- and Two-foot High Kick events and the Scissor Broad Jump.

"I'm excited to represent South at the Games this year, and I'm excited

to be back with the Anchorage team this year. I made some good friends [at NYO 2019], and it was fun hanging out, seeing new people from all over the state, getting to know about their experiences in their villages and all parts of Alaska. I'm looking forward to that."

Eden Hopson, a senior at Service High School, missed the camaraderie of her fellow athletes while she competed virtually.

"I'm looking forward to sitting around a kickstand, talking to each other, telling each other, 'You're doing great!'" said Eden. "It's something you don't get when it was virtual. When you're in person, you're competing, but it's also pushing yourself and pushing each other to

do better."

For seniors like Chad and Eden, this in-person NYO is bittersweet; it's the last time they'll participate in NYO as student athletes.

"I'm going to miss competing," Chad shared. "It's exciting that I can move on to World Eskimo Olympics or Arctic Games. But moving on is also sad. You meet so many great people at NYO."

For now, though: High five the friends you haven't seen in two years. Cheer with the crowd as someone comes close to setting a new record. Enjoy the next three days as we reunite—finally—to celebrate Alaska Native traditional games at NYO! ❖

Coming Soon: SUMMER BREAK YOUTH CAMPS

Don't miss these exciting tech and culture-based camp opportunities from CITC's youth education programs:

Fab Fest | Saturday, June 11

An event focused on STEM and Alaska Native Culture for AN/AI students grades K-12. Collect STEM crates, school supplies, books, and so much more!

High School Camp
Yelchin Water Technologies | June 13–July 1

Middle School Camps
Litl'en Spring in Alaska Camp | May 31–June 3

Middle School Fab Camp | July 5–8

Elementary School Camps
Alaskan Animal Camp
(1st–3rd grades) | July 11–15

Elementary Food Sciences Camp
(4th–6th grades) | August 1–5

Call CITC's youth educational services at
(907) 793-3265 for more information or to enroll.

All camps are for Alaska Native/American Indian students enrolled within the Anchorage School District.



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participants good luck during their competitions.



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